



Meal	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
<i>Breakfast</i>	Eggs & Toast	Bagels & Cream Cheese	Yogurt & Fruit	Sausage & Hash Browns	Cereal
<i>A.M. Snack</i>	Gold Fish	Veggie Straws	Cheese and Crackers	Trail Mix	Yogurt Bites
<i>Lunch</i>	Cornbread Bites and Fruit	Tacos, Corn, Fruit	Spaghetti and Fruit	SB Lunchable	White Chicken Pizza, Fruit, Salad
<i>P.M. Snack</i>	Cucumber & Ranch	Pretzels	Ranch Mix	Rice Krispy Treats	Tortilla and Cinnamon Butter
Meal	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
<i>Breakfast</i>	French Toast	Pancakes	Biscuits and Jam	Eggs & Ham	Toast & Fruit
<i>A.M. Snack</i>	Vanilla Wafers	Rice Cakes	Fruit	Raisins	Pepperoni & Crackers
<i>Lunch</i>	Cheeseburger Mac n Cheese, Fruit	Frank & Beans, Fruit	Pulled Pork, Fruit, Veggies	Taco Salad, Fruit	Chicken Quesadilla, Corn, Fruit
<i>P.M. Snack</i>	Yogurt Pretzels	Ramen Crackers	Apples	Graham Crackers	Muffins
Meal	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
<i>Breakfast</i>	Waffles	Bagels	Cereal	Egg Casserole	Sausage Sandwich
<i>A.M. Snack</i>	Cheese Its	Ham & Crackers	Pea Crisps	Goldfish	Cheese Cubes
<i>Lunch</i>	Chicken Lo Mein, Fruit	Mac & Cheese, Fruit, Peas	Pancakes and Fruit	Chili, Fruit, Cornbread	Garlic Bread Pizza. Fruit
<i>P.M. Snack</i>	Animal Crackers	Muddy Buddies	Goldfish	Pretzel Thins	Pumpkin Bread
Meal	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1
<i>Breakfast</i>	Pancakes	Bananas & Hash Browns	Yogurt & Granola	Biscuits & Sausage	Eggs & Toast
<i>A.M. Snack</i>	Soy Butter & Crackers	Cheese Cubes	Graham Crackers	Cereal Cups	Carrots& Ranch
<i>Lunch</i>	Chicken Nuggets, Fruit, Pea Crisps	BBQ Chicken, Rice, Fruit	Baked Ziti, Fruit, Green Beans	Ham & Cheese Pinwheels, Fruit	Grilled Cheese, Veggie Straws, Fruit
<i>P.M. Snack</i>	String Cheese	Trail Mix	Teddy Grahams	Bananas	Animal Crackers