



Weekly Plan 21 September 2026 - 25 September 2026

Mon (21)	Tue (22)	Wed (23)	Thu (24)	Fri (25)
BREAKFAST Eggs & Sausage	BREAKFAST Cereal	BREAKFAST English Muffins, Fruit	BREAKFAST Yogurt and Granola	BREAKFAST Cinnamon Rolls
AM SNACK Craisins	AM SNACK String Cheese	AM SNACK Cucumbers w/ Ranch	AM SNACK cheese its	AM SNACK Cheese Cubes
LUNCH Spaghetti, Green Beans, Fruit	LUNCH Tacos, Corn, Fruit	LUNCH Chicken Nuggets, Mashed Potatoes, Fruit	LUNCH Fruit, Veggie Straws, Egg Salad Sandwich	LUNCH kielbasa, Rice, Mixed Veggies
PM SNACK Chex Mix	PM SNACK Carrots w/ Ranch	PM SNACK cookies	PM SNACK Fruit Bars	PM SNACK Rice Cakes